



Catalog



SACRED CONVERSATIONS ENGAGEMENT

We are facilitators, coaches, and teachers devoted to helping people grow in Christ through conversation. Drawing on both faith and the best of communication science, we create experiences where hearts open, relationships heal, and grace transforms dialogue.



About Sacred Conversations

For over two decades, we've studied how people grow, connect, and communicate — exploring the patterns of behavior that most deeply shape relationships, vocations, communities, and faith.



Our carefully designed suite of **Sacred Conversations workshops** helps individuals and groups practice the essential conversations that transform hearts, strengthen marriages, and build healthy, grace-filled communities.

In this catalog, you'll discover the key principles and practices that make communication sacred — and explore ways to bring these experiences to your parish, ministry, or organization.



Each workshop stands powerfully on its own, but together they create a holistic formation experience — helping faith communities cultivate community, belonging, and spiritual growth through the power of conversation.

Engagements at a Glance

GRACE-FILLED DIALOGUE

	ENGAGEMENT	FOCUS	AUDIENCE	FORMATS
Individuals	 Sacred Conversations Foundations	Discover the essential principles and practices that turn ordinary interpersonal communication into sacred encounter.	Parish leaders, ministry teams, couples, and individuals seeking to strengthen communication and deepen relationships through faith	<ul style="list-style-type: none">• Keynote address• ½ Day• Multi-Session Workshop
Groups	 Sacred Conversations for Small Groups & Teams	Equips parish ministries, leadership teams, study circles, and faith-sharing communities with the tools to communicate more openly, listen more deeply, and grow together in Christ.	Small groups, faith-sharing circles, Bible Study groups, or parish leadership teams seeking to grow together in faith and communication.	<ul style="list-style-type: none">• 90-minute• ½ Day & Full-Day Retreats• Multi-Session Workshops

LIFE-GIVING RELATIONSHIPS

	ENGAGEMENT	FOCUS	AUDIENCE	FORMATS
Marriage	 Sacred Conversations For Marriage	Strengthen your marriage by learning to listen, speak, and love as God intends.	Couples discerning marriage, newlyweds, seasoned couples, and couples seeking renewal	<ul style="list-style-type: none">• Keynote address• ½ Day• Weekend Retreat
Young Adults	 Sacred Conversations for Young Adults	This interactive workshop helps young adults navigate faith, purpose, vocation, and relationships in a noisy world.	College students, young professionals or parish young adult ministries	<ul style="list-style-type: none">• Keynote address• ½ Day• Multi-session Workshop

Parish Benefits

Sacred Conversations keynotes, workshops, and retreats have been recognized for deepening spiritual renewal, parish unity, equipping parish and ministry leaders with scripturally rooted tools and language for creating a culture of encounter and on-going faith formation.

BELONGING

Fosters open, respectful, and faith-filled dialogue, these workshops nurture a culture of listening and empathy

ENGAGEMENT

Reignites parish participation by drawing people into meaningful dialogue, shared reflection, and action

COMMUNITY

Develop shared language, habits, and spiritual practices that continue to shape parish culture long after the sessions end

TEAMWORK

Learn practical frameworks for navigating disagreement, listening well, discerning together, deepening inquiry and accountability

CULTURE

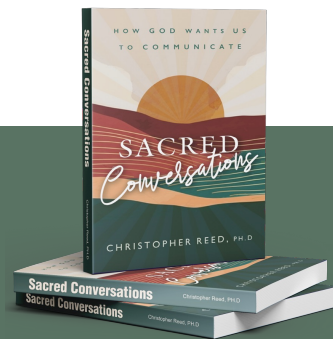
Empowers parishes to become places where people feel seen, heard, and loved

FORMATION

Supportive space and process for on-going faith formation and discernment.

About the Book

Using Scripture, real-world examples, key scientific studies, and stories from his own formation, Dr. Chris Reed provides an approachable, fun-filled, well-researched Catholic model of dialogue for becoming your best self and building closer relationships with others and with Jesus Christ.



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About



Dr. Christopher Reed, a seasoned communication scholar, practitioner, and devoted Catholic, is the author of *Sacred Conversations: How God Wants us to Communicate* (Sophia Institute Press).

With over 20 years of experience, he has guided and trained countless leaders and faith-based organizations in the art of transformative conversations.

Join him and his network of facilitators, coaches, and teachers on the sacred conversational journey!

Visit: [OurSacredConversations.com](https://www.oursacredconversations.com)

